
UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 6-K

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13A-16 OR 15D-16 OF THE SECURITIES EXCHANGE ACT OF 1934

For the month of March, 2020

Commission File Number: 001-38642

Paringa Resources Limited

(Translation of registrant's name into English)

**28 West 44th Street, Suite 810
New York, NY 10036**

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F.

Form 20-F Form 40-F

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(1):

Indicate by check mark if the registrant is submitting the Form 6-K in paper as permitted by Regulation S-T Rule 101(b)(7):

EXHIBIT INDEX

The following exhibits are filed as part of this Form 6-K:

Exhibit	Description
99.1	Press Release

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Paringa Resources Limited
(registrant)

Date: March 30, 2020

By: /s/ Bruce Czachor
Name: Bruce Czachor
Title: Vice President and General Counsel



RESIGNATION OF MANAGING DIRECTOR & CEO

Paringa Resources Limited (“Paringa” or “Company”) (ASX: PNL) advises that Mr. Egan Antill, Managing Director and Chief Executive Officer, will resign from his executive and Board roles effective 31 March 2020. The Board would like to thank Mr. Antill for his service to the Company and wishes him well on his future endeavours.

For further information, contact:

Greg Swan
Company Secretary
gswan@paringaresources.com

This announcement has been authorised for release by the Company’s Company Secretary, Mr. Gregory Swan.